



Champlain Valley High School Skating Competition

*Saturday March 11, 2017, Leddy Ice Arena
hosted by the NEICC High School Competitive Series
and the Champlain Valley FSC*

Sanction#24599

COMPETITION INFORMATION, RULES, ELIGIBILITY AND TEST LEVEL SPECIFICS:

High school competitions are run as U.S. Figure Skating, sanctioned non-qualifying competitions.

Athletes participating in these events are considered to be student-athletes. Their education is of the highest priority, and in all decision making matters, the Program Development Committee and the NEICC Organizing Committee (NEICC) have a responsibility to minimize the days missed from school.

Athletes must be eligible members in good standing of U.S. Figure Skating, and may be members of the figure skating club of their choice or be individual members of U.S. Figure Skating.

1. A minimum of two (2) skaters are required to form a team.
2. Competitors must be currently enrolled in a high school as a full-time student, as defined by the institution that they attend. This includes both traditional and home school students.
3. Athletes may compete either for the high school they are attending, or for an area high school team in their district. Competitors may not represent more than ONE high school team.
4. Home-schooled students may join a school team with permission from the school Athletic Director of the team they are joining.
5. High schools may combine as per state specific High School Athletic Association (HSAA) rules. All combined teams must be listed on the team application form.
6. If combined teams are not from the same school district, the following rules apply: An administrator from each school must sign the team entry form. All skaters from the combined schools must be allowed to skate on the team. Combined teams not adhering to these guidelines will be disqualified.
7. Team members may include both ladies and men.

8. All skaters who enter must be in at least 9th grade and be enrolled as a student in the high school as per state specific HSAA rules.

9. A skater will not be allowed to participate unless they have a signed Skater Entry Form on file with the Registrar at least one week prior to the competition.

10. No skaters may be added after the deadline, except with special permission of the NEICC.

11. A competition will not be canceled unless there is a state of Emergency declared in the area where the rink is located, even if school districts of participating teams have closed or cancelled events. Points will be awarded based on teams participating.

12.. Team banners are encouraged.

13.. Unsportsmanlike conduct & foul language will not be tolerated at any competition and is grounds for disqualification.

ENTRIES AND ENTRY FEES:

Entry fees MUST accompany entry form(s). All checks payable NEICC. All team entries and payments (individual and team forms) must be submitted together.

- Applications not submitted with the correct funds will be returned and NOT accepted.

Checks returned for any reason will carry a \$30.00 handling charge and payment of this fee will be required before the skater is allowed to participate in practice ice or events. No refunds will be made for any reason, unless the event is eliminated by the NEICC or chief referee.

The NEICC reserves the right to limit the number of entries, eliminate events due to insufficient entries and combine or divide groups as necessary.

SCHOOL AFFILIATED CLUB (SAC) TEAM MEMBERSHIPS:

All High School Teams participating in high school competitions must register with U.S. Figure Skating by filling out the School Affiliated Club (SAC) Membership and Team Registration Form and paying required annual membership dues by March 1. This application can be found on the High School Programs webpage at <http://www.usfigureskating.org/Programs.asp?id=67> and in the High School Competition Handbook. Teams are required to submit a copy of their SAC application or SAC Certificate for proof of membership with their competition application.

REFUND POLICY:

Entry fees will not be refunded after the entry deadline, unless no competition exists or the event is canceled. There will be no refunds for medical withdraws. The online processing fees are not refundable. In the event that events are cancelled, the NEICC will refund the appropriate entry fees in the manner specified within the competition announcement.

MUSIC:

CDs are the only acceptable media. Music for free skate may have vocals and should have at least one change of tempo (speed). Music for short program may have vocals. The competitor's program must be the only music on the CD and it must start at the beginning. Music should be clearly marked with the athlete's name, high school name and event. Music must be turned into the registration desk one hour before the event. Skaters are responsible for bringing a backup copy.

LIABILITY:

U.S. Figure Skating, the host figure skating club, high school team and hosting ice arena will not accept any responsibility for injury or damage sustained by participants in the high school competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The 6.0 Majority judging system will be used for all events and levels at high school competitions. The ISU judging system will not be used.

AWARDS:

Medals will be awarded to places 1 – 4 in each event.

OFFICIAL NOTICES:

An official bulletin board will be maintained at the competition arena. It is the responsibility of each competitor, parent, team and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

The NEICC will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA. For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

SECTION 2: HIGH SCHOOL TEAM COMPETITION RULES, ELIGIBILITY & ENTRY RESTRICTIONS

A. COMPETITION RULES

Men's and ladies' events in singles free skating may be combined depending on enrollment. Championship junior and senior events may be combined with the standard free skate events, at the discretion of the referee, and only in the event of a single entry in one of the categories.

B. ELIGIBILITY TO COMPETE:

Athletes must be eligible members in good standing of U.S. Figure Skating, and may be members of the figure skating club of their choice.

Competitors must be currently enrolled in a high school as a full-time student, as defined by the institution that they attend. This includes both traditional and home-schooled students.

Athletes may compete either for the high school they are attending, or for an area high school team in their district.

A minimum of two (2) skaters are required to form a team.

C. TEST LEVEL:

Free skate and short program: Athletes must enter at the highest test level passed or may skate up one level. Highest test passed at date of entry. (It is permissible for an athlete to enter the free skate and short program at different levels if skating up qualifies them for both.)

D. RESPONSIBILITY OF THE PARTICIPATING TEAMS:

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt and notify the competition chair of any errors.

E. GROUP SIZE:

No group will consist of more than 14 skaters. If more than 14 skaters are entered into one level, the skaters will be split as evenly as possible into as many groups as necessary to keep each group no larger than 14 skater.

Events Offered:

Team Maneuvers: Low, Intermediate and High

Free Skate Test Track: Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre Juvenile, Juvenile, Intermediate, Novice, Junior, Senior

Showcase Solo - Light Entertainment Events: Beginner, High Beginner & No Test* / Pre-preliminary & Preliminary / Pre-Juvenile & Juvenile / Intermediate & Novice / Junior & Senior

EVENT: TEAM MANEUVERS

General event parameters:

1. Team maneuver events consist of teams of at least 2 athletes (any mix of male and female) from the same high school or combined schools with no one skater performing more than half of the total number of elements.

Note:



2. Each high school may enter only one team in each competitive level.
3. An athlete may compete for only one team. Athletes may “skate up” to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed.

Level	Jumps	Spins	Step or Moves in the Field Sequence
<p>TEAM LEVEL A Junior & Senior</p> <p>(no test restrictions)</p>	<ul style="list-style-type: none"> a) Single Axel or double Axel b) Double jump – either double loop, double flip or double Lutz c) Combination Jump – consisting of two double jumps or a triple jump and a double jump d) Double or triple Lutz immediately preceded by footwork. 	<ul style="list-style-type: none"> a) Solo spin of choice (min 8 revs in position; may include flying entry) b) Camel Spin (min 8 revs) c) Flying Spin – Any entry and may include change of position (minimum 8 revs in position) d) Combination spin – with only 1 change of foot, at least 1 change of position, a minimum 6 revolutions per foot AND 2 revolutions in position 	<ul style="list-style-type: none"> a) Choreographic Sequence –See Rule 4105 for description b) Forward loops (novice MIF) c) Ina bauer or spread eagle d) Senior Moves in the Field element – Serpentine Step Sequence
<p>TEAM LEVEL B Juvenile - Novice</p> <p>Skaters may not have passed higher than novice free skate test)</p>	<ul style="list-style-type: none"> a) Single Axel b) Single or double loop c) Combination jump - consisting of a double jump and a single jump or two double jumps d) Double loop, flip or Lutz immediately preceded by connecting steps or other free skating movements 	<ul style="list-style-type: none"> a) Solo spin (sit, camel, layback or cross foot spin (min. 5 revs; flying entry NOT permitted) b) Forward scratch spin(min 5 revs) c) Back spin (min 5 revs) d) Combination spin – with only 1 change of foot, a min. of 1 change of position, a minimum of 5 revolutions per foot AND minimum of 2 revolutions in position 	<ul style="list-style-type: none"> a) Choreographic Step Sequence – See Rule 4105 for description b) Ina bauer or spread eagle c) Juvenile Moves in the Field element – Forward Free Skate Cross Strokes d) Novice Moves in the Field element – Backward Rocker Choctaw sequence
<p>TEAM LEVEL C Beginner – Pre-Juvenile</p> <p>(May not have passed higher than pre-juvenile free skate test)</p>	<ul style="list-style-type: none"> a) Single Salchow jump b) Single toe loop jump c) Waltz jump-toe loop combination d) Single jump (Axel is NOT permitted) 	<ul style="list-style-type: none"> a) Upright spin (optional free foot position, may change foot, min. 3 revs) b) Sit spin (min 3 revs) c) Back upright spin (min 3 revs) d) Combination spin – camel to sit spin (no change of foot, minimum of 6 revs total) 	<ul style="list-style-type: none"> a) Step Sequence – See Rule 4105 for description b) Forward spiral c) Preliminary Moves in the Field element – Forward Circle 8 d) Pre-Juv MIF Moves in the Field element – Backward Power Change of Edge Pulls

The event will be judged on a team basis. Athletes will have a general warm-up of STROKING ONLY for 1 minutes. There will also be a 1 minute warm-up for the designated maneuver category, (jumps, spins, steps or Moves in the Field Sequence) Teams will be assigned a place to line up along the barrier, and must remain on the ice for their entire event. Elements will be skated one-at-a-time, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

EVENT: FREE SKATE TEST TRACK

Levels: Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre Juvenile, Juvenile, Intermediate, Novice, Junior, Senior

Team Competition Rules, Eligibility & Entry Restrictions: Host club reserves the right to eliminate events if necessary to accommodate the amount of ice time available. Men’s and ladies’ events in singles free skating may be combined based on group size.

Warm-Up Groups: Warm-up groups for events will be posted at the start of the competition, but are subject to change up to 15 minutes prior to the start of an event, due to withdrawals.

Responsibility of the Participating Teams: It is each participating team’s responsibility to review the competition schedule for accuracy within 72 hours of receipt, and notify the competition chair of any errors.

Group Size: No group will consist of more than 14 skaters. If more than 14 skaters are entered into one level then the skaters will be split as evenly as possible into as many groups as are necessary to keep each group no larger than 14 skaters.

General event parameters:

1. High school competitions will follow the 2016-17 non-qualifying competition “test track” format, where jump elements are restricted based on the required elements in the equivalent U.S. Figure Skating free skating test.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed or “skate up” one level higher.
4. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less that the required minimum revolutions

Test Track Free Skate Program Requirements:

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 maximum	<ul style="list-style-type: none"> ● Jumps with no more than one-half rotation (front to back or back to front). ● Max. 2 jump sequences ● Max. 2 of any same jump 	<ul style="list-style-type: none"> ● Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests

<p>High Beginner 1:40 maximum</p>	<ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	<ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>No-Test 1:40 maximum</p>	<ul style="list-style-type: none"> • Up to 2 may be jump combos or sequences • Jump combos are limited to 2 jumps • Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) • No Axels or double jumps are permitted 	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Spins must be of different character. • Each spin must have a Minimum of 3 revolutions. • Spins may change feet, position and start with a fly. 	<p>One step sequence that utilizes ½ of the ice surface</p>	
<p>Pre-Preliminary 1:30 maximum</p>	<ul style="list-style-type: none"> • Jumps with not more than one-half rotation • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test</p>
<p>Preliminary 1:30 +/- 10 sec.</p>	<ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test</p>

<p>Pre-Juvenile</p> <p>2:00 +/- 10 sec.</p>	<ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test</p>
<p>Juvenile</p> <p>2:15 +/- 10 sec.</p>	<ul style="list-style-type: none"> • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<ul style="list-style-type: none"> • One solo spin in one position, no change of foot (Min. 4 revolutions). • One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) • 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:30 +/- 10 sec.</p>	<ul style="list-style-type: none"> • Any single jumps. • Double jumps permitted: double Salchow and double toe loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • One must be a flying spin (min 5 revolutions), • One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p>for men and 6 for ladies:</p> <ul style="list-style-type: none"> • Any single jumps. • Double jumps permitted: double Salchow, double toe loop and double loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<ul style="list-style-type: none"> • One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) • The other spins are the option of the skater (min 6 revolutions per foot) 	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 & 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>

<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface.</p> <p>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence.</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>

EVENT: SHOWCASE – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery ARE permitted

General event parameters:

- Skaters must register to compete at their level or one level up as of the competition entry deadline. Level will be determined by the highest free skate test passed.
- Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.
- Levels are: Beginner, High Beginner & No Test* / Pre-preliminary & Preliminary / Pre-Juvenile & Juvenile / Intermediate & Novice / Junior & Senior

**Champlain Valley HS Competition, Champlain Valley FSC &
the NEICC High School Competition Series, sanction#24599
Competition located at Leddy Park Arena, 216 Leddy Park Rd, Burlington VT 05401**

Last Name: _____ First Name: _____

USFS Membership #: _____

Address: _____ City: _____

State: _____ ZIP: _____ Email: _____

Phone: _____ Birthdate: _____ Gender (circle): M F

High School: _____ SAC #: _____

Highest USFS test passed: MIF _____ Free Skate: _____

Coach: _____ Phone: _____ Email: _____

Team Maneuvers- see attached form:

- _____ A (High)
- _____ B (Intermediate)
- _____ C (Low)

Showcase:

- _____ Beginner/High Beginner/No Test
- _____ Pre-preliminary/Preliminary
- _____ Pre-juvenile/Juvenile
- _____ Intermediate/Novice
- _____ Junior/Senior

Test Track Free Skate Program:

- | | |
|-----------------------|--------------------|
| _____ Beginner | _____ Juvenile |
| _____ High Beginner | _____ Intermediate |
| _____ Pre-preliminary | _____ Novice |
| _____ Preliminary | _____ Junior |
| _____ Pre-juvenile | _____ Senior |

**Entry fees: 1st event: \$55.00. Additional event(s): \$30.00.
Team maneuver events: \$75.00 (per team)**

The completed entry forms with appropriate signatures and fees must be postmarked no later than February 11, 2017. Make check payable to NEICC and mail to: **14 Parker St, Lexington, MA 02421** For additional information, please contact NEICCHighSchoolProgram@gmail.com . **Checks returned for any reason will carry a \$30.00 handling charge and no refunds will be made unless the event is eliminated by NEICC or chief referee. □ Late entries will not be accepted.**

Certification of Competitor: The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds NEICC harmless from any and all liability either during practice or competition, or from any and all liability for damages to or loss of property.

Parent/Guardian signature _____ Date _____

Coach's signature _____ Date _____

*Remember to fill out **School Affiliated Club (SAC) Membership and Team Registration Form** and submit with entry form <http://www.usfigureskating.org/Programs.asp?id=67>

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NEICC High School Competition Series, Sanction #24599
Competition located at Leddy Park Arena, 216 Leddy Park Rd, Burlington VT 05401**

Team Maneuvers Entry Form:

Name of Team Contact: _____ **Phone:** _____

HIGH SCHOOL: _____ **SAC#** _____

Please check appropriate level and list Team Members Names/ USFSA #s: \$75.00 per team

_____ **Level A (Junior - Senior)**

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

_____ **Level B (Juvenile - Novice)**

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

_____ **Level C (Beginner - Pre-Juvenile)**

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFSA# _____ Age ___ Level _____

Name: _____ USFS# _____ Age ____ Level _____